



PATIENT INTRODUCTION

I would like to talk to you about your wishes and concerns about your heart failure, so that we can look at what you need together.

I would therefore like to ask you a number of questions.

POSSIBLE QUESTIONS FOR STARTING THE CONVERSATION

- What is mainly keeping you busy at present?
- What do you enjoy?
- How have you been doing the last few days?

IDENTIFICATION QUESTIONS

YES NO

		YES	NO
1	Do you have physical complaints that make it more difficult for you to do normal activities?		
2	Do you need help or more help with washing yourself, getting dressed, doing shopping or doing housework?		
3	Do you have any questions about heart failure or your treatment?		
4	Heart failure can considerably affect your daily life. Do you find it difficult to cope with?		
5	Many people with heart failure experience psychological complaints. Does this also apply to you?		
6	Do you sometimes feel misunderstood by important people who are close to you?		
7	Would you like to talk to someone about questions about life, or 'why' questions?		
8	Is there something that I should know about your cultural background or religion in order to provide you with proper care?		
9	Are you worried about money matters as a result of your condition?		
10	Do you have any questions or concerns about your future with your condition (heart failure)?		
11	Would you like to talk to your doctor about the treatment and care you would like to receive if your condition continues to deteriorate?		
12	We have often found that informal caregivers would like to receive more help from others. Does that also apply to you?		
13A	(Question for patient, if next of kin is not present). Would your next of kin like to receive a further explanation about heart failure or about the treatment?		
13B	(Question for next of kin, if present). Would you like to receive a further explanation about heart failure or about the treatment?		





SUGGESTED FURTHER QUESTIONS PER ITEM FOR POSSIBLE CARE NEEDS

- 1**
- Do you suffer from shortness of breath, tiredness, pain or loss of appetite, for example?
 - What complaint affects you the most?
 - Is it more difficult for you to do activities such as washing the dishes and cleaning as a result of your heart failure?

- 2**
- What do you need help with?
 - Do you need help doing housework or when washing yourself and getting dressed?
 - Who is helping you now?
 - What kind of help would you like to receive?
 - How do you feel about having to ask for help?

- 3**
- What questions do you have about heart failure?
 - What questions do you have about your treatment?
 - What questions do you have about medication?

- 4**
- Does it make you sad or angry when you find that you can no longer do activities the way you used to?
 - Do you have periods in which you are angry or sad since you have had heart failure?
 - Do you find it difficult to accept that you can no longer do things the way you used to?
 - Do you need help in this area?

- 5**
- Do you suffer from sadness, tension, worry or loneliness?
 - Does heart failure make you feel anxious quickly?
 - Do you think about heart failure a lot?

- 6**
- Who are the most important people to you?
 - In what areas do you feel misunderstood?
 - What should the most important people to you know so that you do feel understood?
 - What would help you?

- 7**
- Are there certain questions about life, or 'why' questions that you have been asking yourself?
 - Is there something that is always on your mind?
 - Would you like to talk to someone about it?
 - With whom would you like to talk about it?
 - Who or what do you need to make life worthwhile? How can I (or another person) help you do that?

- 8**
- What should I know so that I can provide you with good care?
 - To what extent does your cultural background or religion influence your wishes in this stage of your life?

- 9**
- Do you need any help with your money matters?
 - Would you like to know more about receiving help with your money matters?

- 10**
- What questions do you have about your future with your condition, heart failure?
 - What are you worried about?
 - Would you like to know more about what heart failure means for your future?

- 11**
- What would you like to discuss?
 - Would you like to know more about the care you can receive if your condition deteriorates?
 - Do you have an advance directive?

- 12**
- What are the heaviest tasks for you (or your next of kin)?
 - What would you like assistance with?
 - Can you talk about it together?
 - How do you feel about having to ask for help?

- 13A** *Questions for the patient about next of kin, if next of kin is not present*
- Do your next of kin have any questions?
 - Do your children have any questions about heart failure or the treatment?
 - What would your next of kin like to receive more information about?

- 13B** *Question for next of kin, if present*
- What would you like to receive more information about?

